



## **What are Computer Cookies?**

When you visit a website, your web server transfers a small packet of data to your device's browser—a computer cookie. This cookie is designed to remember information about you, including:

**Website visits:** Cookies can track which websites you've visited and how often.

**Activity:** Cookies can record what you do on a website, such as the pages you view, the links you click, and the items you add to your shopping cart.

**Preferences:** Cookies can store your preferences for a website, such as your language selection, currency, or theme.

**Login information:** Cookies can store your username and password so you can easily log in to your accounts.

I use this information to monitor how many people visit my website, where they come from and how they find me.

This doesn't mean that I monitor you in any way, shape or form. It just means that I can see if you are a returning visitor or first-time visitor – don't worry I won't contact you!

Please note that by deleting or disabling some cookies, your user experience may be affected.